



Coshocton Fathers

Building a Solid Foundation for New Dads



FIRST THURSDAYS OF EACH MONTH
COSHOCTON COUNTY MEMORIAL HOSPITAL
ORANGE STREET STATION
(ROOM NEXT TO CAFETERIA)
6 – 8 PM

A PLACE FOR NEW DADS TO DISCUSS THE FOLLOWING BUILDING BLOCKS

DIAPERING:

When and how; male and female hygiene.

FEEDING:

Dad's role in breast/bottle-feedings.

HANDLING:

Supporting the baby's neck; burping; holding; passing and receiving.

SLEEPING:

Living with a general lack of sleep; dad's role for the middle of the night feeding.

CRYING:

Understanding the meaning and types of cries; methods of soothing a crying baby.

TROUBLESHOOTING:

Ways to sooth a crying baby; when to call a doctor.

SAFETY:

Creating a baby-safe environment; preventing Shaken Baby Syndrome.

MOTHERS:

Team tactics; strengthening the relationship.

Sponsored by:

**Coshocton County Fatherhood Initiative
& Coshocton County Memorial Hospital**

To register or for more information call: 740.622.3760 option 3